

**Section on Aging
MINUTES
November 18, 2009**

Interim President Bob Cheal opened the meeting at 9 AM, by reminding attendees that membership dues for 2010 can be paid on line at SonomaCountySOA.org or by mailing in a check. Dues are \$60 for annual membership.

On behalf of Maria Larsen, Treasurer, Bob gave the treasurer's report:

Balance: \$2704.00

One check was written in the past month to the total of \$30.59

December 16 Holiday Breakfast
(No business meeting)
Regular Meeting Time: 8:45 - 10:15

January Meeting

Laura Malone, Brighton Gardens, will bring coffee and tea
Spotlight Speaker for January will be Paul Sconfienza,
Santa Rosa Memorial Park and Crematory

Spotlight Speakers

Deborah Erwin, Ultimate Moves

415/497-5951

deboraherwin1@mac.com

Deborah helps with the selection of a care community, offers emotional support and coordinates the move. Deborah can design the space and can purchase needed furniture. Overall their business helps clients and their families 'let go' of the old home and start living in their new home.

Pat Sanborn

Sage Solutions Eldercare

542-7243

Pat@Sagesolutionseldercare.com

Pat has been a Geriatric care manager since 2001 in Sonoma County. Pat distinguished between different types of geriatric care managers - agency, specialists and generalists. Pat's primary focus is family dynamics and helping families in difficult situations.

Candidate speeches

All candidates running for SOA offices gave a brief, one minute speech.

SECTION ON AGING ELECTED OFFICERS FOR 2010

At the conclusion of the meeting, the ballots were counted and the Section on Aging officers are:

Co-Presidents:

Eloise Tweeten, Tweeten Eldercare Advisors and Laurie White, Dementia Care Consulting

Vice President:

Bob Cheal, Youreldercareresolution.com

Secretary:

Debbi Cerri, At Your Service Home Care

Treasurer:

Carolyn Worley, Mobility Masters

Membership Coordinator:

Erika Richards, Blackrock Insurance

Speaker Coordinator:

Pat Sanborn, SAGE Solutions Eldercare

Program Speaker

Laurie White, MSW

Dementia Care Consulting

525-9633

Laurie@dementiaconsulting.com

Laurie gave a 30 minute presentation titled "Helping Families Accept Help". After reviewing dementia caregiver demographics and what distinguishes dementia caregivers from other caregivers, Laurie presented a summary of the challenges that family caregivers face during the early, middle and late stages of caregiving. Interventions for professionals to consider in their work with families was also presented.

Announcements

EVENTS

December 1 & 8, Alzheimer's Association is sponsoring an Early Stage Memory Loss Education Series, Kaiser Permanente. Contact Shelley Dombroski, 573-1210.

December 5, Lodge at Paulin Creek, Craft Faire, 11AM - 4 PM, 575-3722.

December 7 Valley Oxygen Medical Equipment & We Care Home Assistants will be holding an Open House, 10 AM - 2 PM at the We Care Assistants office in Oakmont. Meet the factory rep, ask questions, take a Pride Mobility Power wheelchair for a spin.

Memorial Hospice and Hospice of Petaluma: "Light up a Life Tree" lighting events. Each symbolizes the life, hope and dreams of a loved one.

December 3, Lodge at Paulin Creek, 6:30 PM

December 4, Center Park, Petaluma, 7 PM

December 12, Railroad Square, Santa Rosa, 6 PM

December 13, Oakmont, 6 PM

February 6, 2010 National Elder Engagement Day, Call Chance Massaro 526-9196.

Ombudsman Program Volunteer training begins in January. Looking for advocates for residents in long-term care facilities. Call Eileen Bill, 526-4108 x102.

February 22 & 24 Hospice of Petaluma/Memorial Hospice, volunteer training. Call Nina Arbour 778-6242 or 568-1094.

ANNOUNCEMENTS

New to Primrose: a Brain Gym. Interactive equipment to help with physical agility and memory equipment to help with memory retention.

Mobility Masters announces "Bathroom Safety Grab Bar Package" for \$150. Call 525-1994 for more information and for other home access products.

Elder Care Show on KSRO, 12:30 Fridays. November 27: National guest speaker on assistive technology and older

adults. December topic is mental health issues and older adults. Podcasts are available at KSRO.com.

Respectfully submitted,

Laurie White, MSW
Dementia Care Consulting
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525-9633