

Sonoma County Section on Aging
June 16, 2010

MINUTES

Opening and Remarks:

Eloise Tweeten, Co-President

Co-President Eloise Tweeten opened the meeting at 9:00 am by welcoming all visitors and new members. Reminded all to turn off cell phones. Reviewed Sonoma County Section on Aging mission statement:

“The Sonoma County Section on Aging is a coalition of agencies, organizations and individuals concerned with the well being of older adults. As a network alliance, we advocate for and promote the development, coordination, and implementation of older adult services in Sonoma County.”

Asked all visitors to stand and introduce themselves to the group.

Announced that there are two scheduled dates for tours of the Buck Institute for SOA members: June 23 and July 8. Tours start at 10:30; leave Sonoma County by 9:30. If interested, please indicate on the back of the feedback forms left on tables, or contact either Eloise Tweeten or Laurie White.

Eloise gave a testimonial on the value of resources available through the Section on Aging contacts.

Coffee sponsor for June meeting is the SOA Executive Committee.

Spotlight Speakers for July meeting:

Adobe House (coffee sponsor)

Sheila Almquist, Oakmont Gardens (raffle winner)

Quick Tips for SOA Website:

Bob Cheal, Vice President

To add an announcement to SOA website, go to website and click on “add announcement” and complete. New feature now offered to add a flyer (format must be pdf, Microsoft Word, or jpg). Announcements will be (1) posted on website; (2) displayed at monthly meetings; and (3) sent out at the end of each month in the form of an email blast to all members.

SOA Brochure:

Laurie White, Co-President

Laurie reviewed the first draft of the design of the new SOA two-sided brochure, which will be made available to all SOA members. If you have any questions or input, please contact either Eloise Tweeten or Laurie White.

Member Introductions

Spotlight Speaker:

Devra Newhouse, Director
Hired Hands Homecare
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HiredHandsHomecare.com
devra@hiredhandshomecare.com

Hired Hands Homecare was founded in 1994 by Lynn Winter. Hired Hands Homecare is a family owned, full service, non-medical homecare agency, servicing Sonoma, Marin, and Napa Counties. It is CAHSAH certified and assumes full employer responsibilities. All caregivers are required to have 3 years experience, are background checked, are tested, and have ongoing training.

Program Speaker:

Tim Gieseke, MD, CMD
Clinical Assoc. Professor, UCSF

**Assoc. Med. Director Sutter VNA Hospice
Chair Education Committee of CALTCM**

“Transitions of Care 2010 -- Bridging the Gap”

Transition of care is defined as the movement of patients between health care locations and providers as their conditions and care needs change. Adverse consequences of poor transitions of care include (1) increased hospital admissions and readmissions; (2) unnecessary health expenses, frustration and suffering; (3) increased serious medication errors; (4) care plan failures; and (5) delayed recognition and response to “alarm” symptoms.

Helpful concepts and solutions include:

Medication reconciliation must occur with every transition at both sending and receiving sites.

Patient must own the process:

Information moves with the patient

Patient/family participate in the decisions

Advance Directives at each site of care and POLST when appropriate

For a more detailed outline of Dr. Gieseke’s talk or a copy of the Personal Health Record that was handed out at the meeting, please contact a member of the SOA Executive Committee, and a copy will be emailed to you. For more information on patient medication management, please go to www.uptodate.com/patienteducation.

Next month’s meeting is July 21st and will be a “networking only” meeting! Please bring your business cards, brochures, and anything you’d like to share.

Respectfully submitted,

Debbie Cerri
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